

#### **University of Social Welfare and Rehabilitation Sciences**

### **Ministry of Health and Medical Education**

Name: Fereshte	Consists (Dk D. aliminal Davids In an	Picture
Surname: Momeni	Specialty /Ph.D. clinical Psychology	2*4
Title/Degree: P h. D	Department of : clinical psychology	3*4
Research Interests: Psychopath	nology, Cognitive behavior therapy, third waves Psychother	apies
Scopus Profile:		

Google Scholar Profile:

https://scholar.google.com/citations?user=QmdUyMQAAAAJ&hl=en

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University of Social Welfare & Rehabilitation
Sciences

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Updated: 2020/10 /1

# Fax: (21) 22180045 **Education**

Luucacion					
Date	Degree	Duration	Institution	Country/City	Major
2014/ 11 /28	Ph. D	2009-	Shahid Beheshti	Iran ,Tehran	Clinical Psychology
2011/11/20	1 111 5	2014	university	Iran , reman	chined i sychology
		2006-	University of social		
2009/727	MSc	2009	welfare and	Iran ,Tehran	Clinical Psycholog
		2003	rehabilitation		

			scienc	ces		
Faculty member						
Year	Position	Duration		Institution	n/Course	Location
2015 until now	Assistant Professor				y of social welfare and bilitation sciences	Iran ,Tehran
Field of Specialization						
- clinical psychology						

- Psychotic and bipolar disorders
- Cognitive behavior therapy
- Emotional Disorder

### **Language Ability**

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-English

### **Teaching Experience**

Clinical and Diagnostic Interview Courses for MSc

Group and family therapy course for MSc, psychiatry residents

Spiritual therapy course for MSc

Advanced Psychotherapy course for MSc

Developmental psychology course for BA

Principle of clinical psychology course for BA

Motivation and Emotion course for BA

General Psychology course for BA

Child Psychopathology course for MSc

## Symposia/Programs/Workshops

Year	Position	Duration	Institution/Course	Location
2015	Trainer	8 days	Family therapy of psychotic  Disorder	Razi Hospital
2016	Trainer	8 days	Family therapy of Substance abuse disorder	Razi Hospital
Research Exper	rience			
Year	Position	Institution/Course		Location
2020	Research Manager		perties of Cognitive r Disorder Rating Assessment nian bipolar patients	University of social welfa and rehabilitation sciences
2019	Research Manager	and Marital Satisfa	en Social Networks Addiction action, Marital Conflicts and Lonliness	University of social welfa and rehabilitation sciences
2017	Research Manager	•	Psychometric properties of Bref Qol BD among  Iranian bipolar patients	
2018	Research Manager	•	tion dysregulation in OCD otoms severity	University of social welfa and rehabilitation sciences
1 Indicate the time				
	Responsibilities	Terror Herror		1
Year	Position	Institution/Event		Location
				Tehran, Iran
2015 until now	Clinical Supervisor of department of Clinical Psychology in Razi Hospital	Razi Hospital, Univ	versity of social welfare and tation sciences	Tehran, Iran
Academic and S	Scientific Responsibilit	ties		
Year	Responsibility			

2015 until now	Educational adviser of department of Clinical Psychology		
Scientific Membership			
Year	Association, Society	Location	
2011	Psychology and counseling organization of Iran	Iran, Tehran	
2009	Iranian psychological Association	Iran, Tehran	
2010	Iranian clinical psychological Association	Iran, Tehran	

## **Publications**

### 1. Journals

Year	Journal name	Article title	Vol. & Page
		Psychometric Properties of the	
2022	Trends in Psychiatry and	Posttraumatic Cognitions Inventory-9	0-0
2023	Psychotherapy,	items in an Iranian	0-0
		sample. (AheadOfPrint).	
		Effectiveness of memory bias modification	
2023	Frontiers in Psychology	in reducing depression and rumination	<i>14</i> , 1145259
2023	Frontiers in Esychology	symptoms and autobiographical memory	14, 1143239
		bias: a pilot study	
2023	Entomology and Applied Science	Psychological Intervention for Bipolar	<i>10</i> (1), 53-64.
2023	Letters	Disorder in Iran: A Systematic Review.	70(1), 55-64.
	Iranian Journal of Psychiatry and	Psychometric Properties of Cognitive	
2023	Behavioral Sciences,	Complaints in Bipolar Disorder Rating	17(2).
	Denavioral Sciences,	Assessment in Iranian Bipolar Patients	
		The Relationship of Cognitive Flexibility	
2023	Iranian Rehabilitation Journal	and Self-compassion With Depression	<i>21</i> (1), 0-0.
2023	Iranian Kenabilitation Journal	and Anxiety Among Healthcare Staff	27(1), 0-0.
		During the COVID-19 Pandemic.	
		The Role of Psychological Distress in the	
2023		Relationship between Personality	
	Iranian Journal of Psychiatry	Dimensions and Pregnancy Outcome of	
		Women Undergoing Assisted	
		Reproductive Treatment (IVF/ICSI).	

Journal of Psychological Studies	Abnormal Personality Patterns and Their Clinical Symptoms in Psychiatric Patients and Those Diagnosed Both Psychiatric and Substance Use Disorders.	<i>18</i> (4), 31-44.
International Journal of Reproductive BioMedicine.	The relationship between coping strategies and infertility self-efficacy with pregnancy outcomes of women undergoing in vitro fertilization: A prospective cohort study.	<i>20</i> (7), 539
Frontiers in Psychiatry	Evaluating the effects of experiencing virtual reality simulation of psychosis on mental illness stigma, empathy, and knowledge in medical students.	<i>13</i> , 880331.
Iranian Journal of Psychiatry and Clinical Psychology	The relationship between body image victimization experiences and binge eating symptoms: the mediating role of body image shame and self-criticism.	<i>28</i> (1), 48-61
Iranian Journal of Psychiatry and Behavioral Sciences	The Link Between External and Internal Body-Image Shame and Binge Eating in Men and Women: The Mediating Role of Self-criticism.	15(4).
ASEAN Journal of Psychiatry	HE RELATIONSHIP BETWEEN EMOTION DYSREGULATION WITH OBSESSIVE COMPULSIVE DISORDER REGARDING GENERALIZED ANXIETY DISORDER SYMPTOMS.	1;22(3).
Journal of Human Behavior in the Social Environment	Psychometric evaluation of Bergen Facebook Addiction Scale (BFAS) among Iranian adolescents	<i>30</i> (7), 881-891.
Personality and Individual  Differences	Measuring repetitive thinking in Iran: Psychometric properties of Persian version of Perseverative Thinking Questionnaire.,	<i>148</i> , 101-109
Iranian Rehabilitation Journal	The mediating role of cognitive flexibility, shame and emotion dysregulation	<i>16</i> (1), 61-68.
	International Journal of Reproductive BioMedicine.  Frontiers in Psychiatry  Iranian Journal of Psychiatry and Clinical Psychology  Iranian Journal of Psychiatry and Behavioral Sciences  ASEAN Journal of Psychiatry  Journal of Human Behavior in the Social Environment  Personality and Individual Differences	Clinical Symptoms in Psychiatric Patients and Those Diagnosed Both Psychiatric and Substance Use Disorders.  The relationship between coping strategies and infertility self-efficacy with pregnancy outcomes of women undergoing in vitro fertilization: A prospective cohort study.  Evaluating the effects of experiencing virtual reality simulation of psychosis on mental illness stigma, empathy, and knowledge in medical students.  The relationship between body image victimization experiences and binge eating symptoms: the mediating role of body image shame and self-criticism.  The Link Between External and Internal Body-Image Shame and Binge Eating in Men and Women: The Mediating Role of Self-criticism.  HE RELATIONSHIP BETWEEN EMOTION DYSREGULATION WITH OBSESSIVE COMPULSIVE DISORDER REGARDING GENERALIZED ANXIETY DISORDER SYMPTOMS.  Pournal of Human Behavior in the Social Environment  Personality and Individual Differences  Measuring repetitive thinking in Iran: Psychometric properties of Persian version of Perseverative Thinking Questionnaire.,  The mediating role of cognitive flexibility,

		between neuroticism and depression	
		The Effectiveness of Family-Based	
	Iranian Red Crescent Medical	Intervention on Symptom Severity,	
2018	Journal	Expressed Emotion and Coping Styles of	<i>20</i> (8)
	sourrai	Bipolar Patients.	
		·	
		Comparison of the Effectiveness of	
		Cognitive Behavior Therapy and	
2018	Iranian Journal of Psychiatry and	Mindfulness-Based Cognitive Therapy on	<i>12</i> (1).
	Behavioral Sciences	Quality of Life and Parent-Child	, ,
		Relationship in Women with Generalized	
		Anxiety Disorder.,	
2018	Clinical Psychology studies	Comparison of The Effectiveness Between Cognitive- Behavior Group Therapy and Mindfulness Based Cognitive Therapy on Females with Generalized Anxiety Disorder	32, 93-111
2017	Practice in Clinical Psychology.	Effectiveness of acceptance and commitment therapy on hope in women with breast cancer undergoing chemotherapy.	, <i>5</i> (2), 107-114
2017	Iranian Rehabilitation Journal,	Psychometric Properties of the Persian Version of Brief Quality of Life Questionnaire in Bipolar Disorder.	<i>15</i> (3), 185-192.
2017	APPLIED PSYCHOLOGICAL RESEARCH QUARTERLY	Comparison of the effectiveness between cognitive behavior therapy and mindfulness based cognitive therapy in mediator variables of generalized anxiety	8 (1), 49-66
		disorder.	
2016	Journal of research in behavioural sciences	Effectiveness of Emotion Regulation Training on Depression, Anxiety, and Emotional Dysregulation in Female	14 (1(, 64-71
2016	Applied Psychological Research	University Students Living in Dormitories Relationship between family function with	7 (2) 152 165
2010	Quarterly	use of social networks in high school students	7 (2), 153-165
2016	Applied Psychological Research	The relationship between social supports	6 )4), 175-188
2010	Quarterly	with the use of social networks among university students	0 )4), 173 100
2014	New psychological research	Discriminant Role of Emotion Dysregulation, Mindfulness and Self- compassion in Women with Anxiety Disorder and Normal Group	9 (34), 147- 172
2014	CONTEMPORARY PSYCHOLOGY	Psychometric properties of a Farsi version of the Self-Compassion Scale (SCS).	8 (16), 27- 40
2013	Quarterly Journal of Family and	The interrelationship of internet addiction,	<i>10</i> (3), 77-94.

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	Research,	adolescents' conflict with parents, multidimensional perceived social support, and happiness.	
2011	JOURNAL OF CLINICAL PSYCHOLOGY	Comparison of the Effectiveness Mindfulness-Based Cognitive Therapy and Cognitive-Behavior Therapy and Treatment as Usual on Depression and Additional Symptoms and Other Psychiatric Symptoms.	3 (9)
2009	research on addiction	The effectiveness of cognitive-behavioral group therapy on reduction of craving, depression and anxiety symptoms among the opiate abusers under MMT	<i>3</i> (11), 83-98.
2010	. Iranian Rehabilitation Journal	Effectiveness of Cognitive —Behavioral Group Therapy on Craving, Depression and Anxiety among the opiate abusers under MMT'	,8(11),2010
2011	Journal of psychological studies	Psychometric Properties of Minnesota Eating Survey between Female High School Students in Esfahan	7 (3), 75,96
2008	Journal of Family Research	The Relationship Between Parents' Child Rearing Styles and Incidence of Anorexia Nervosa Among 14-17 Years Old Female Adolescents in Isfahan	Vol.3(4);775-789
2010	The expression of psychiatric symptoms among women with addictive husbands	Iranian psychologists	6 (23), 237-245
2. Books			
Year	Book title	Publisher	Location
2019	Worry Trap		Tehran
2019	Unified protocol for transdiagnostic	Arjmand	reman
2021	treatment of emotional disorders : therapist guide	Arjmand	Tehran
Journal Revi	riews / Editorial Board		
From	Jor	ournal Title	Location
2015	Practice in t	Clinical Psychology.	Tehran
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2016	Iranian Journal of	Mazandaran	
2018	Irania	n Rehabilitation Journal	Tehran
2019	Ps	ychological research	Tehran
Research P	Paper Presented in Conference	s / Seminars	
Year	Conference/Seminar	Paper title	Location
2007	International Journal of Hematology-Oncologo.	Psychiatric Disorders And Quality Of Life In Children With Hematologic Malignancies And Their Parents	Iran
2008	20 <sup>th</sup> National Congress of Pediatric Nursing.	The Comparison Of Psychological Problems In Children With Hematologic Cancer And The Children With Chronic Renal Failure	Iran
2017	Sixth congress of Iranian psychological Association	Effectiveness of acceptance and commitment therapy on hope in women with cancer undergoing chemotherapy	Iran