

قالب پیشنهادی رزومه نامزدهای عضویت در هیات مدیره انجمن  
علمی  
(بخش های قرمز رنگ تکمیل شود)  
در خاتمه فایل در ساختار PDF آماده شود

## **Fatemeh, Kashaninasab M.D.**

**Specialty:** Psychiatry

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### **EDUCATION**

(1999-2006)

M.D., Islamic Azad University, Tehran Medical Branch University in  
Tehran, Iran.

(2012-2016)

Psychiatry Residency, Iran University of Medical Sciences.

(2018-2019)

Fellowship of Sleep Medicine, Iran University of Medical Sciences.

### **POST DOCTORIAL WORK**

2006-2008

Worked as General Physician at Narmak welfare complex for children  
with mental and physical disabilities. Narmak St. Tehran, Iran

2017-present (2021):

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Assistant Professor of Psychiatry, Psychiatry Department, Rasool Akram Medical Complex Clinical Research Development Center (RCRDC), Iran University of Medical Sciences.

2019- present (2021):

Assistant Professor of Psychiatry, Sleep Medicine Fellowship, Psychiatry Department and Sleep Lab, Rasool Akram Medical Complex Clinical Research Development Center (RCRDC), Iran University of Medical Sciences.

### **MEDICAL AND SCIENTIFIC SOCIETIES**

1. Member of Iranian Medical Association. 2006- present (2021)
2. Member of Member of Psychiatry Department of Iran University of Medical Sciences. 2017-present (2021)
3. Member of Iranian Psychiatric Association. 2012- present (2021)
4. Member of Iranian Sleep medicine society. 2016- present (2021)

### **COMMITTEE APPOINTMENTS**

- . Member of Sleep Medicine Committee (Iranian Psychiatric Association) 2018- present (2021)
- . Chairman of the Sleep Medicine Committee in Iranian Psychiatric Association, since June, 2021.

### **POST DOCTORIAL CONFERENCES**

1. 4<sup>th</sup> International Congress of Psychosomatic Medicine, Isfahan-Iran. November 15-17, 2017, Symposium. Oral presentation.
2. 6<sup>th</sup> Congress of Basic and Clinical Neuroscience, Tehran-Iran. December 20–22, 2017, Symposium. Oral presentation.
3. Iranian Psychosomatic Medicine Association, Dementia with Lewy bodies, July 13, 2017, Symposium. Oral presentation.
4. 34<sup>th</sup> Annual Conference of the Iranian Scientific Association of Psychiatrists, October 17-20, 2017, Symposium. Oral presentation.

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5. Iran University of Medical Sciences, one-day seminar on Cystinosis disease, September 14, 2017.
6. Iranian Sleep medicine society, one-day seminar on Circadian rhythm sleep-wake phase disorders, March 8, 2018. Symposium. Oral presentation.
7. The first annual congress of the Iranian Scientific Association of Psychosomatic Medicine, Symposium. Oral presentation. May 9-11, 2018.
8. 8<sup>th</sup> National Congress on Sleep Disorders, April 25-27, 2018. Symposium. Oral presentation.
9. Iran University of Medical Sciences, History of Sleep Medicine and its place in psychiatry, Oral presentation, December 2, 2019.
10. Tehran Psychiatric Institute, Insomnia Disorder workshop, Oral presentation in a workshop, September 18, 2019.
11. Sleep Science Congress, Mashhad, Iran, CBT insomnia, Oral presentation in a workshop, December 18-20, 2019. “**Top speaker**”
12. Sleep Science Congress, “The quality of life and sleep quality in alopecia patients”. Poster Presentation. Mashhad, Iran, December 18-20, 2019
13. Iranian Psychiatric Association, Chronic Insomnia Disorder, Symposium. Oral presentation. October 29, 2020.
14. 9<sup>th</sup> Basic and Clinical Neuroscience Congress (virtual), “Neurobiology of REM Sleep”, Oral Presentation, December 9-11, 2020.
15. virtual WPA Thematic Congress on intersectional collaboration - Psychological Trauma: Global burden on mental and physical health, “Psychological profile of domestic violence in Iran: A literature review”. Poster Presentation. December 10-12, 2020.
16. Iran University of Medical Sciences, “Sleep Disturbances in hospitalized patients”. Symposium. Oral presentation. 15 February 2021.
17. Iran University of Medical Sciences, “Management of Sleep complaints in Covid-19”. Symposium. Oral presentation. June 23, 2021.

## **PUBLICATIONS**

### **1. Defense Mechanisms in Patients with Irritable Bowel Syndrome and Their Relationship with Symptom Severity and Quality of Life**

Fahimeh Saeed, Mansour Salehi, Kaveh Alavi, Hossein Ajdarkosh, **Fatemeh Kashaninasab**, Farnaz Nasr Esfahani.

Middle East J Dig Dis. 2019 Jul; 11(3): 158–165.

### **2. A Comparative study of four Persian versions of sleep questionnaires for screening obstructive sleep apnea syndrome (OSAS)**

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**Fatemeh Kashaninasab**, Kaveh Alavi, Mohammad Farhadi, Mansour Salehi, Mir Farhad Ghaleh Bandi.

Med J Islam Repub Iran. 2017; 31: 122.

### **3. Electroconvulsive Therapy for a Patient with Suicide by Drinking Bleach During Treatment of COVID-19: A Case Report**

V Hassani, S Amniati, **F Kashaninasab**, M Niakan, O Moradi Moghadam, ...

Anesth Pain Med. 2020 Dec; 10(6): e107513.

### **4. Comorbidity of Coronavirus disease (COVID-19) and the first episode of bipolar disorder and its treatment challenges: A case report**

**F Kashaninasab**, RP Dashdebi, MF Ghalehbandi

Med J Islam Repub Iran. 2020; 34: 103.

### **5. The Frequency of Pregnancy Associated Sleep Disorders Among Pregnant Mothers Who Referred to Rasoul-Akram Hospital for Prenatal Care 2018-2019**

Abolfazl Mehdizadehkashi, Alireza Mobasseri, Shahla Chaichian, Kobra Tahermanesh, Ladan Haghighi, Neda Hashemi, Maryam Moshfeghi, **Fatemeh Kashaninasab**, Zahra Najmi, Leila Allahqoli, Mahin Ahmadi Pishkuhi .Shiraz E-Medical Journal. 2020; 22 (8): e106883.

### **6. Drug Attitude Inventory in Patients with Bipolar Disorder: Psychometric Properties**

Behnam Shariati, Amir Shabani, Elmira Ariana-Kia, Masoud Ahmadzad-Asl, Kaveh Alavi, Zohreh Mousavi Behbahani, Mohammad Reza Ghasemzadeh, Sahar Hasani, Zahra Ghiasi, **Fatemeh Kashaninasab**, Soodeh Tajik Esmaeeli, Mohammad Reza Najjarzadegan, Amin Kheirolahi, Mahboobeh Beihaghi, Seyed Vahid Shariat, Shabnam Nohesara. Iran J Psychiatry Behav Sci. 2018 ; 12(3):e9831.

### **7. Non-Pharmacological Interventions to Improve Quality of Sleep during COVID-19 Pandemic. Letter to editor**

MF Ghalehbandi, F Saeed, **F Kashaninasab** .

Journal of Iranian Medical Council, 2020;3(4): 214-15

### **8. The Quality of Sleep and Quality of Life in Patients with Alopecia.**

**Fatemeh Kashaninasab**, Mir Farhad Ghaleh Bandi, Azim Ghazvini, Azadeh Goodarzi, Sussan Moudi, Afsaneh Sadeghzadeh-Bazargan. Journal of Sleep sciences.2020; 5(2).

### **9. Raphe Nuclei Echogenicity and Diameter of Third Ventricle in Schizophrenia Measured by Transcranial Sonography.**

Mahnoush Mahdiar, Nahid Mohammadzade, AmirSina Homayooni, Fahimeh Haji Akhoundi, **Fatemeh Kashaninasab**, Babak Zamani, Seyed Vahid Shariat, Mohammadreza Shalbafan, Mohammad Rohani. Basic and Clinical Neuroscience journal,2021

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### **10. Predictability of Discrimination Coefficient and Difficulty Index of Psychiatry Multiple-Choice Questions**

S Soraya, A Shabani, L Kamalzadeh, F Kashaninasab, V Rashedi, ...  
Journal of Iranian. 2021;4(3):165-72.

## **RESEARCH PROJECTS**

1. psychometric properties of "sleep practices and attitudes questionnaire (SPAQ)" in IRANIAN adults.
2. The effect of life skills training package on general health and burnout and sleep quality in pre-hospital emergency technicians: Quasi-experimental study
3. A comprehensive study of the socio-psychological status of patients with post-traumatic stress disorder in Iran after 30 years.
4. Frequency of cardiac arrhythmias in patients with obstructive sleep apnea referred to the sleep laboratory of Rasoul Akram Hospital.

## **PERSONAL DATA**

**DATE OF BIRTH:** 1980/08/28

**PLACE OF BIRTH:** Tehran, Iran

**LANGUAGES:**

- Farsi (Persian): Native
- English: Fluent