

First Name: Valentin

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Roozbeh Psychiatry Hospital

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Marital Status: married

Registered at The Islamic Republic of Iran Medical Council, which is the regulatory agency for health care professions (License Number: 116118)

ACADEMIC EDUCATION

- **Psychotherapy Fellowship Program, Iran Medical Sciences University, Sep 2020-Mar 2022**
- Psychiatry Residency, Tehran Medical Sciences University, Sep 2008- Sep 2012
 - o Board Certified and Ranked 10th among Psychiatry Residents of the 2012 Academic Year
- Medical Doctorate, Islamic Azad University Tehran Branch, Jan. 2000- Jun 2007

POSITIONS

- Assistant Professor of Department of Psychiatry, Roozbeh Hospital, Tehran University of Medical Sciences
 - o Address: Keshavarz Boulevard, Gods Street
 - o Tel: +982155412222 - +9821554199113
 - o Position: lecturer
 - o 2015- present
- General Psychiatrist in Roozbeh Hospital (2012 – 2015)
- **Psychodynamic Psychotherapist in Roozbeh Hospital, working in psychotherapy division (2012 – Present)**

CLINICAL ACTIVITIES AND INNOVATIONS

- **Developing and Leading a Single-Gender Analytic Slow-Open Group Therapy (2013 – Present)**
- Collaborating in Implementation of Adult Neurodevelopmental Disorders Clinic (2014 – Present)
- Clinical Practice in Adult ADHD Clinic (2014 – Present)
- Supervising PGY-1 Psychiatry Residents in outpatient general psychiatry Clinic (2013-2015)
- **Supervising PGY-3 Psychiatry Residents on Psychodynamic Psychotherapy rotation (2016-present)**
- **Supervising Fellows of Psychotherapy on Individual or Group Therapy (2018-present)**

TEACHING

Didactic Teaching:

- Teaching “Communication Skills Training” to Medical Students (2010-present)
- **Lectures on “Psychotherapy” in Clerkship Psychiatry Course to Medical Students (2015 – Present)**
- **Teaching “Psychotherapy” Course in Psychiatry Residency Program (2016 – Present)**
 - o **Courses Include Theories of Basic Principles of Psychotherapy and Counseling, Freud, Klein, Winnicott**
- Conducting “Adult ADHD” Workshop in Psychiatry Residency Program (2016-2020)
- Lectures on “Psychological Disorders” in Preclinical Course to Medical Students (2016 – Present)
- **Teaching “Winnicott Course” in Fellowship of Psychotherapy Program (2021 – Present)**
- **Teaching “Psychotherapy Assessment Course” in Fellowship of Psychotherapy Program (2021 – Present)**
- **Teaching “Group Therapy” in Psychiatry Residency Program and Fellowship Program (2014 – Present)**
- Lectures on “Psychological First Aid” for Faculty Member of Tehran University (2020)

Other teaching Activities:

- Supervised Medical Students, and Psychiatry Residents in Emergency Psychiatry Ward (2015-2020)
- Supervised Medical Students, and Psychiatry Residents in General Psychiatry Inpatient Ward (2015-present)
- **Collaborated in Curriculum Development of Psychotherapy Rotation in Rotation of Residency Program and Psychotherapy Fellowship Program (2013 – Present)**
- **Collaborated in Assessment and Evaluation of Medical Students, Psychiatry Residents, and Psychotherapy Fellows in Department of Psychiatry (2013 – Present)**

PRESENTATIONS

- Three Days Workshop of Diagnosis and Treatment of Common Psychiatry Disorders for General Physicians Entitled, “Acquaintance with Common Drugs in Psychiatry” (2011)
- One Day Conference of ADHD in Adults Entitled, “Coaching” (2013)
- Annual Iranian Psychiatric Association Congress Entitled, “Revision of the Specialized Board Exam of Psychiatry of Iran” (2013)
- Roozbeh Hospital Entitled, “Coaching as a Treatment of Adult ADHD” (2013)
- 6th Iranian Clinical Pharmacy Congress Entitled, “Case Presentation” (2014)
- 7th International Child and Adolescent Congress Entitled, “Acquaintance with Adult ADHD” (2014)
- One Day Conference Entitled, “Coaching” (2017)
- One Day Conference of ADHD in Isfahan Entitled, “Adult ADHD” (2018)
- One Day Conference of Diagnosis and Treatment of Common Psychiatry Disorders Entitled, “Acquaintance with Adult ADHD” (2018)
- **35th Annual Iranian Psychiatric Association Congress Entitled, “Experiences on Online Group Therapy for Treatment Staff of COVID” (2018)**
- **Roozbeh Hospital Entitled, “What is Madness” (2018)**
- One Day Seminar of ADHD: From Childhood to Adulthood Entitled, “Coaching” (2019)
- One Day Conference of Remote Psychiatry Entitled, Telehealth in Psychotherapy” (2019)
- One Day Conference of Adult ADHD Entitled, “Coaching” (2021)
- **One Day Symposium of Challenges in Psychodynamic Psychotherapies in COVID Era Entitled, “Group Therapy” (2021)**
- **Roozbeh Hospital Entitled, “Signing with a Scar: Understanding Self-Harm from the Intersubjective Perspective” (2023)**

MAJOR ADMINISTRATIVE AND LEADERSHIP POSITION IN HOSPITAL

- Director of Psychiatry Clerkship Program (2009)
- Chief Resident of the Hospital (2010)
- Member of Accreditation Committee (2013-2016)
- Director of Hospital Safety Committee (2013-2017)
- Member of Hospital Morbidity and Mortality Committee (2014-2018)
- Director of Outpatient, Day Center and Rehabilitation Service (2014-2020)
- Member of Outpatient Clinic Committee (2014-2020)
- Member of Medical Management Committee (2016-2020)
- Hospital Bed Manager (2017)
- Member of Management and Quality Control Committee (2016-2018)
- Member of Emergency Committee (2017)
- Medical Director of Roozbeh Hospital (2018-2020)

MAJOR ADMINISTRATIVE AND LEADERSHIP POSITION IN ASSOCIATIONS

- Supervised the Translation of the Reference Book of Psychiatry among Psychiatry Residences of Iran (2009-2011)
- Executive Committee Member of the 9th Annual Iranian Psychiatric Association Congress (2009)
- Executive Committee Member of the 10th Annual Iranian Psychiatric Association Congress (2010)
- **Executive and Scientific Committee Member of the First Iranian Congress of Psychoanalysis and Dynamic Psychotherapy of the Iranian Psychiatric Association (2014)**
- Founding board Member of the Association of Children and Adults with ADHD (2016-present)
- **Executive Committee Member of the Second Iranian Congress of Psychoanalysis and Dynamic Psychotherapy of the Iranian Psychiatric Association (2016)**
- **Executive and Scientific Committee Member of the First National Congress of Iranian Psychotherapy Association (2018)**
- **Scientific Committee Member of the Second National Congress of Iranian Psychotherapy Association (2019)**
- **Executive Chair and Scientific Committee Member of the Third Iranian Congress of Psychoanalysis and Dynamic Psychotherapy of the Iranian Psychiatric Association (2019)**

- **Executive board Member and Secretary of the Psychotherapy Committee of the Iranian Psychiatric Association (2021-present)**
- Executive board Member of the Executive Preparing Guidelines and Standards Committee of the Iranian Psychiatric Association (2021-present)
- **Programming and Organizing the Monthly Clinical Seminars of Psychotherapy Committee of the Iranian Psychiatric Association Based on Different Schools of Psychotherapy (2021-present)**

EXTRA-CURRICULAR COURSES

- Family Education of Severe Mental Disorders Workshop, Tehran University of Medical Science (2 Days) (2009)
- **Group Therapy Course, Tehran University of Medical Science (2 Years) (2012-2014)**
- 1st and 2nd Scientific Writing Workshops, Tehran University of Medical Science (16 Hours) (2016)
- 1st, 2nd and 3rd Balint Leadership Workshops, Tehran University of Medical Science (Totally 6 Days) (2016-2017-2018)
- **Klein Course, Tehran University of Medical Science (16 Sessions) (2017)**
- **Bion Course, Tehran University of Medical Science (16 Sessions) (2018)**
- How to Review a Paper Workshop, Tehran University of Medical Science (8 Hours) (2017)
- **Dynamic Organization Course, APPCIOS of England (10 Sessions) (2022)**
- **Group Therapy Course, Gruppanalytiska Institutet i Stockholm (GAI) of Sweden (2 Years) (2022- in progress)**

COMMUNITY AND VOLUNTARY ACTIVITIES

- Group Psychoeducation for Families of Patients with Severe Mental Disorders in Day Centre of Hospital (2009-2010)
- Visits, Assessment and Counseling/Treatment of Elderly People of Armenian Elderly House with 15 Inhabitants, Once Every Two Months (2012-2020)
- Free Visiting of Needed Patients of Suburbs in Tehran (3 Times in 2016)
- Member of Crisis Intervention Team of Psychiatry in COVID Era, Assessing the Psychological State of COVID War Nurses and Educating, Counseling and Treating (in First and Second Peak of COVID in Iran)

MEMBERSHIPS

- Member of the “Residency Education Committee” of the Iranian Psychiatric Association (2009-2011)
- Member of Iranian Psychiatric Association (2012 – Present)
- **Member of the Psychotherapy Committee of the Iranian Psychiatric Association (2012 – Present)**
- **Member of Iranian Psychotherapy Association (2016-present)**

RESEARCH AND THESIS PROJECTS

- Designing and Programming a Comprehensive Outpatient, Day Center and Rehabilitation Service, a Health System Research (Co-Researcher) (2014)
- Comparing Effects of Melatonin Versus Trazodone After 8 Weeks on Sleep Quality in Major Depressed Patients Receiving Sertraline (Co-Researcher) (2014)
- Dropout in Outpatient Psychiatric Clinic in Roozbeh Hospital One Year Follow-up (Co-Researcher) (2014)
- Prevalence of Adult ADHD in Adult Patients with a History of Substance Abuse and Compare the Clinical Pathology and Temperament Characteristic of Them with Other Substance Abusers in Roozbeh Hospital and the National Center for Addiction Studies (Main Researcher) (2014)
- Multi Focal Studying of Therapeutic Factors (Yalom) in Participants of Group Therapy: Self Report Study (Thesis Consultant) (2015)
- Multifocal Studying of Changes in Collectivism and Individualism for 6 Months in Patients Attending in Group Therapy (Thesis Advisor) (2015)
- Comparing the Clinical and Personality Characteristics of Parents of Children with ADHD (Thesis Consultant) (2015)
- Evaluation of Reliability and Validity of the Leahy Emotional Schema Questionnaire in Students (Main Researcher) (2016)
- Evaluation of Reliability and Validity of the Gratz and Roemer Difficulties in Emotion Regulation Scale in Students (Main Researcher) (2016)
- Comparative Study of Methylphenidate versus Atomoxetine for Treatment of Attention Deficit Hyperactivity Disorder in Adults (Thesis Advisor) (2017)
- Assessing the Validity and Reliability of the Brown Attention-Deficit Disorder Rating Scale (BADDS) for Adults (Persian Version) in ADHD Patients Referred to Roozbeh Hospital (Thesis Advisor) (2019)
- Preventive Intervention in Grief of COVID-19 Patients` Family (Main Researcher) (2020)

PUBLICATIONS

- Arshiani, H., **Artounian, V.**, Motamed, M., Alagband-Rad, J., (2022). Psychometric Properties of the Persian Version of Brown Attention Deficit Disorder Scale. *Iran J Psychiatry Behav Sci*, 16(3). doi: 10.5812/ijpbs-118912.
- Arshiani, H., Ezzatian, B., **Artounian, V.**, Alizadeh, F., Mohammadian, F., (2022). Psychiatric Onset Alexander Disease: An Important Challenge in Neuropsychiatric Diagnosis: A Case Report. *Basic and Clinical NeuroScience*, 13(2), 269-274
- Salemi-Langroudi, A., Dobson, K.S., **Artounian, V.**, Ghasemi, M., Kolahkaj, B., Khosravani, V., Shafaghi, M., Bafekr, T., Heidarian, A., Behfar, Z., & Kiani Dehkordi, M. (2021). Psychometric Properties of the Leahy Emotional Schema Scale-II among Iranian Students. *International Journal of Cognitive Therapy*, 1-18.
- Gharaati Sotoudeh H, Alavi SS, Akbari Z, Jannatifard F, **Artounian V.** (2020). The Effect of Brief Crisis Intervention Package on Improving Quality of Life and Mental Health in Patients with COVID-19. *Iran J Psychiatry*, 15(3), 205-212
- Banaha, N., Ghaeli, P., Yousefi, A., **Artounian, V.**, Afzali, M., Ghasemi, M., (2019). Effects of Celecoxib on Electroconvulsive Therapy-Induced Cognitive Impairment in Patients with Major Depressive Disorder: A Pilot, Double-Blind, Placebo-Controlled Trial. *Acta Medica Iranica*, 57(11), 627-634
- Mirsepasi, Z. AlagbandRad, J., Sharifi, V., **Artounian, V.**, Farhad Beigi, P., Abdi F., Razaghi, O., Nagavi, H., Amini, H., Jafari, S., (2017). p-Follow Year One: Hospital Roozbeh, Clinic Psychiatric Outpatient in Dropout. *Iranian Journal of Psychiatry and Clinical Psychology*, 22(4), 330-339
- Mirsepassi Z, Saedi S, Behpournia H, Shadloo B, **Artounian V**, Yahyavi ST, Tabatabaei M, Soleimani M, Khajehpour S, Ghaeli P. (2016). Comparing Effects of Melatonin versus Trazodone on Sleep Quality in Major Depressed Patients Receiving Sertraline. *Journal of Pharmaceutical Care*, 4(3-4), 52-57
- Sajadian, M., Shahrivar, Z., Mohammadee, A., **Artonian, V.** (2016). Study on attention deficit Hyperactivity and personality disorders in parents of children with the same disease: brief report. *Tehran Univ Med J*, 74 (8), 601-606
- **Artounian, V.**, Alagband Rad, J. (2016). Introduction to Coaching: New Method of Treatment for ADHD. *Iranian Journal of Psychiatry and Clinical Psychology*, 22(2), 159-161
- Stuart, H., Sartorius, N., Liinamaa, T., **the Images Study Group.** (2015). Images of psychiatry and psychiatrists. *Acta Psychiatrica Scandinavica*, 131, 21– 28
- Kargar, M., Yoosefi, A., Akhondzadeh, S., **Artonian, V.**, Ashouri, A., & Ghaeli, P. (2015). Effect of Adjunctive Celecoxib on BDNF in Manic Patients Undergoing Electroconvulsive

Therapy: a Randomized Double-Blind Controlled Trial. *Pharmacopsychiatry*, 48(7), 268–273. <https://doi.org/10.1055/s-0035-1559667>

- Alagband Rad, J., **Artounian, V.**, Shahrivar, Z. (2015). Introducing Adult Developmental Disorders Clinic in Roozbeh Hospital. *Iranian Journal of Psychiatry and Clinical Psychology*, 21(2), 187-189
- Stuart, H., Sartorius, N., Liinamaa, T. & **The Images Study Group**. (2014). The images of psychiatry scale: development, factor structure, and reliability. *BMC Psychiatry*, **14**, 337
- Kargar, M., Yousefi, A., Mojtahedzadeh, M., Akhondzadeh, Sh., **Artounian, V.**, Abdollahi, A., Ahmadvand, A., Ghaeli, P., (2014). Effects of celecoxib on inflammatory markers in bipolar patients undergoing electroconvulsive therapy: a placebo-controlled, double-blind, randomised study. *Swiss Medical Weekly*, 144. doi:10.4414/smw.2014.13880
- **Artounian, V.**, Shariati, B., Amini, H., Salimi, A., Nejatiasafa, A., (2012). Persian Translation of Perception of Psychiatry Survey Questionnaire and Evaluation of its Psychometric Properties. *Iranian Journal of Psychiatry*, 7(3), 135-139

REVIEWER OF JOURNALS

- Iranian Journal of Psychiatry and Behavioral Sciences
- Journal of Attention Disorders
- Iranian Journal Psychiatry

LANGUAGE AND COMPUTER SKILLS

- Armenian: Native Language
- Farsi: Second Native Language
- English: Full Professional Proficiency
- Expert in Microsoft Office