

VIDA IMANI M.D.
Medical pediatrician, Sleep Disorders Fellowship
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EDUCATION

Sept 2001- Sep 2008 University of Tabriz. Tabriz. Iran. General Practitioner

Mar 2011- Sept 2014 University of Tabriz. Tabriz. Iran. Pediatrician

**2017-2018
fellowship University of Babaei. Gazvin. Iran.. Sleep Medicine**

2019-2020 University of Turkey. Sleep disorder fellowship

PRIVATE PRACTICE

Sep2017 Clinic for the diagnosis and treatment of sleep disorders

MEDICAL AND SCIENTIFIC SOCIETIES

Sep2017 Member of Iran Sleep Societies

Nov2019 Member Of The Iranian Children Societies

March2020 Member Of The Turkish Sleep Societies

Apr2021 Member Of Asia Sleep Societies

Jul 2021 Member Of World Sleep Societies

COMMITTEE APPOINTMENTS

Sep2021 Member of Committee on Sleep Medicine and Sleep-Related Disorders

CONFERENCES PRESENTATIONS

- 1. Apr 2019 Presenting an article entitled "Apert Syndrome and OSA" in the eighth National Conference on Sleep Disorders. Iran.**
 - 2. Oct 2019 Presenting an article -"A thorough psychometric comparison between Athens Insomnia Scale and Insomnia Severity Index among patients with advanced cancer" in the sleep disorders diagnosis and treatment course organized at 20 national sleep medicine congresses. Istanbul.**
 - 3. Apr 2019 Lecture in the workshop on the topic "Polysomnography". Iranian Scientific Society of Sleep Medicine, 8th National Conference on Sleep Disorders in Iran. Imam Khomeini Hospital**
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4. Apr 2019 Lecture in the workshop on the topic "MSLT / MWT" Iranian Scientific Society of Sleep Medicine, 8th National Conference on Sleep Disorders in Iran. Imam Khomeini Hospital.
5. Dec 2019 Lecture at the National Sleep Congress of Mashhad University of Medical Sciences.
6. Octo 2019 Lecture at the Tabriz Sleep Congress. Iran
7. Apr 2019 Presentation on the 40th anniversary of Dr. Mohammad Gharib. The title of the article "factor structure and psychometric properties of the Persian translation of the Epworth Sleepiness scale for children and adolescents".
8. May 2019 Lecture on children's sleep disorders on the topic "new topic for children".
9. Aug 2019 Lecture in congress of new in anemia on the topic "sleep and blood diseases and cancer".
10. May2021 lecture in 3rd congress of Asian society of sleep medicine on the topic

PUBLICATIONS

1. Chung-Ying Lin, Vida Imani, Mark D. Griffiths, Anders Broström, Annette Nygårdh, Zsolt Demetrovics and Amir H. Pakpour-"Temporal associations between morningness/eveningness, problematic social media use, psychological distress and Daytime sleepiness: Mediated roles of sleep quality and insomnia among young adults"-J Sleep Res. 2021; 30:e13076.
 2. Chung-Ying Lin, Vida Imani, Mark D. Griffiths and Amir H. Pakpour-"Validity Of the Yale Food Addiction Scale for Children (YFAS-C): Classical test theory and item response theory of the Persian YFAS-C"- Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity 26:1457–1466. (2021)
 3. Nilofar Rajabi Majd, Anders Broström, Martin Ulander, Chung-Ying Lin, Mark D Griffiths, Vida Imani, Daniel Kwasi Ahorsu, Maurice M Ohayon and Amir H Pakpour-" Efficacy of a Theory-Based Cognitive Behavioral Technique App-Based Intervention for Patients With Insomnia: Randomized Controlled Trial"- J Med Internet Res | vol. 22 | iss. 4 | e15841 | p. 1. 2020
 4. Daniel Kwasi Ahorsu, Chung-Ying Lin, Vida Imani, Per Carlbring, Annette Nygårdh, Anders Broström, Kyra Hamilton and Amir H. Pakpour-"Testing an app-based intervention to improve insomnia in patients with epilepsy: A randomized controlled trial"- / Epilepsy & Behavior 112 107371. (2020)
 5. Ali Poorebrahim, Chung-Ying Lin, Vida Imani, Mark D. Griffiths and Amir H. Pakpour-"A Prospective Study Examining the Relationship Between Dispositional Mindfulness and Insomnia Among Male Prisoners in Iran: The Mediating Effect of Psychological Distress and Perceived Stress"- International Journal of Mental Health and Addiction. 29May 2020
 6. Chung-Ying Lin, Andy S. K. Cheng, Babak Nejati, Vida Imani, Martin Ulander,
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Maria Browall, Mark D. Griffiths, Anders Broström and Amir H. Pakpour-"A thorough psychometric comparison between Athens Insomnia Scale and Insomnia Severity Index among patients with advanced cancer"- J Sleep Res.;29:e12891. 2020

7. Daniel Kwasi Ahorsu, Vida Imani, Chung-Ying Lin, Toomas Timpka, Anders Broström, John A. Updegraff, Kristofer Årestedt, Mark D. Griffiths and Amir H. Pakpour-"Associations Between Fear of COVID-19, Mental Health, and Preventive Behaviours Across Pregnant Women and Husbands: An Actor-Partner Interdependence Modelling"-International Journal of Mental Health and Addiction. 11 Jun 2020

8. Daniel Kwasi Ahorsu, Chung-Ying Lin, Vida Imani, Mohsen Saffari, Mark D. Griffiths and Amir H. Pakpour-"The Fear of COVID-19 Scale: Development and Initial Validation"-International Journal of Mental Health and Addiction. 27 March 2020

9. Chung-Ying L, Pauline Cheung, Vida Imani, Mark D. Griffiths and Amir H. Pakpour-"The Mediating Effects of Eating Disorder, Food Addiction, and Insomnia in the Association between Psychological Distress and Being Overweight among Iranian Adolescents"- Nutrient. 11 May 2020

10. Chung-Ying Lin, Vida Imani, Nilofar Rajabi Majd, Zahra Ghasemi, Mark D. Griffiths, Kyra Hamilton, Martin S. Hagger and Amir H. Pakpour-"Using an integrated social cognition model to predict COVID-19 preventive behaviours"- British Journal of Health Psychology, 25, 981–1005. (2020)

11. Zainab alimoradi, chung-ying lin, vida imani, mark d. Griffiths and amir h. Pakpour-"Social media addiction and sexual dysfunction among Iranian women: The mediating role of intimacy and social support"- Journal of Behavioral Addictions 8(2), pp. 318–325. (2019)

12. Chung-Ying Lin, Vida Imani, Anders Broström, Karina Huus, Maria Björk, Eric A. Hodges, and Amir H. Pakpour- "Psychological distress and quality of life in Iranian adolescents with overweight/obesity: mediating roles of weight bias Internalization and insomnia"- Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity-5. October 2019

13. Chung-Ying Lin, Vida Imani, Pauline Cheung, Amir H. Pakpour-"Psychometric testing on two weight stigma instruments in Iran: Weight Self-Stigma Questionnaire and Weight Bias Internalized Scale"-Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity. 20 April 2019

14. Daniel K. Ahorsu, Chung-Ying Lin, Vida Imani, Mark D. Griffiths, Jian-An Su , Janet D. Latner , Rachel D. Marshall and Amir H. Pakpour-"A prospective study on the link between weight-related self-stigma and binge eating: Role of food addiction and psychological distress"- Eating disorder Wiley. 10th December 2019

15. Vida Imani, Shabnam Jalilolghadr, Fatemeh Mirashrafi, Khatereh Khamenehpour-"Apert Syndrome with Obstructive Sleep Apnea: A Case Report"-J Mazandaran Univ Med Sci; 29 (177): 161-166 (Persian). 2019
 16. Chung-Ying Lin, Vida Imani, Anders Broström, Kristofer Årestedt, Amir H. Pakpour and Mark D. Griffiths-" Evaluating the Psychometric Properties of the 7-Item Persian Game Addiction Scale for Iranian Adolescents"-Frontiers in Psychology | Volume 10 | Article 149fpsyg-10.1 February 2019
 17. Chung-Ying Lin, Cheng-Kuan Lin, Vida Imani, Mark D. Griffiths and Amir H. Pakpour-"Evaluation of the Selfitis Behavior Scale across Two Persian-Speaking Countries, Iran and Afghanistan: Advanced Psychometric Testing in a Large-Scale Sample"-International Journal of Mental Health and Addiction.19 August 2019
 18. Babak Nejati, Chien-Chin Lin, Vida Imani, Maria Browall, Chung-Ying Lin, Anders Broström and Amir H Pakpour-"Validating patient and physician versions of the shared decision making questionnaire in oncology setting"-Health Promotion Perspectives, 9(2), 105-114, 2019
 19. Chung-Ying Lin, Cheng-Kuan Lin, Vida Imani, Mark D. Griffiths, Amir H. Pakpour"Evaluation of the Selfitis Behavior Scale across Two Persian-Speaking Countries, Iran and Afghanistan: Advanced Psychometric Testing in a Large-Scale Sample"-International Journal of Mental Health and Addiction-19 August 2019
 20. Vida Imani, Chung-Ying Lin, Shabnam Jalilolghadr, Amir H. Pakpour-"Factor structure and psychometric properties of a Persian translation of the Epworth Sleepiness Scale for Children and Adolescents"-Health Promotion Perspectives, 8(3), 200-207, 2018
 21. Chung-ying lin, maryam ganji , halley m. Pontes , vida imani , anders broström , mark d. Griffiths and amir h. Pakpour-"Psychometric evaluation of the Persian Internet Disorder Scale among adolescents"-Journal of Behavioral Addictions 7(3), pp. 665–675 (2018)
 22. Chung-Ying Lin, Vida Imani, Anders Broström, Per Nilsen, Xavier C. C. Fung, Mark D. Griffiths and Amir H. Pakpour-"Smartphone Application-Based Addiction Among Iranian Adolescents: A Psychometric Study"-International Journal of Mental Health and Addiction-14 November 2018
 23. Abdollah Jannatdoust, Vida Imani-" The Effect of Prophylactic Intravenous Fluconazole on the Clinical Outcome of Preterm Infants during Hospitalization"-International Journal of Women's Health and Reproduction Sciences Vol. 3, No. 4, October 2015, 212–216
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ACADEMIC AWARDS

Apr 201 Selected as the leading physician and author of the best research article on the 40th anniversary of Dr. Mohammad Gharib. The title of the article "factor structure and psychometric properties of Persian translation of the Epworth Sleepiness scale for children and adolescents".

PROFESSIONAL SERVICE

Apr 2020 Design of sleep health educational software. In the release phase.

May 2021 Design of sleep and Epilepsy App. In the release phase.

EXPERIENCES

Oct 2019 Executive Secretary of Tabriz sleep Congress. Iran.

Apr 2018 Faculty First National Conference on Sleep Disorders. Tehran.

Dec 2019 National Sleep Congress of Medical Sciences University of Mashhad.

Mar 2020 Attended to the sleep medical certification preparation course. Antalya- Turkey

Oct 2019 Participated in sleep disorders diagnosis and treatment course

Mar 2020 held at 20th national sleep medicine congresses. Istanbul.

Aug 2011 Proposal writing workshop.

Sep 2011 Iranian Physician Digital Library Workshop (endnote, google Scholar and PubMed).

PERSONAL DATA

- **DATE OF BIRTH:** 4th. May 1983

- **PLACE OF BIRTH:** Tabriz-Iran

- **LANGUAGES:** Fluency in Azeri Turkish, Istanbul Turkish, Persian

- **English (Speaking)**
