

قالب پیشنهادی رزومه نامزدهای عضویت در هیات مدیره انجمن علمی
(بخش های قرمز رنگ تکمیل شود)
در خاتمه فایل در ساختار PDF آماده شود

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Sleep medicine fellowship
Occupational medicine specialist
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EDUCATION

M.D.

Tehran University of Medical Sciences (TUMS)

Sep 2006-Aug 2014

POST GRADUATE TRAINING

Specialty of Occupational and environmental medicine

Tehran University of Medical Sciences (TUMS)

Sep 2014-Sep 2017

Fellowship of Sleep Medicine

Tehran University of Medical Sciences (TUMS)

Nov 2019-Nov 2020

POST DOCTORIAL WORK

Fellowship of sleep medicine, working in multiple sleep clinics including Gyrus sleep clinic and Imam Khomeini hospital complex Since March 2021

Research assistant, occupational sleep research center, Tehran University of Medical Sciences, Tehran, Iran Oct 2017-Now

PROFESSIONAL APPOINTMENTS

PRIVATE PRACTICE

Gyrus sleep clinic, Tehran, Iran Since 2021

MEDICAL AND SCIENTIFIC SOCIETIES

Member of Iranian sleep medicine society and Occupational medicine society

COMMITTEE APPOINTMENTS

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POST DOCTORIAL CONFERENCES

■ 7th national congress on Sleep Disorders: 28-30 April 2016. Imam Khomeini hospital complex,

Tehran Iran: poster presentation: Obstructive Sleep Apnea among Individuals Admitted for Myocardial Infarction

■ 8th national congress on Sleep Disorders: April 2018. Imam Khomeini hospital complex, Tehran

Iran: oral presentation: Human Leukocyte antigen-typing for patients with excessive daytime sleepiness.

PUBLICATIONS

1. Sadeghniaat-Haghighi K, Zahabi A, Najafi A, Rahimi-Golkhandan A, Aminian O. Evaluating the quality and duration of sleep using actigraphy in petroleum industry shift workers. *Sleep Health*. 2020 Jun;6(3):407-410. doi: 10.1016/j.sleh.2020.04.010. Epub 2020 Jun 5. PMID: 32507604.
2. Haghighi, Khosro Sadeghniaat; Montazeri, Ali; Mehrizi, Ahmad Khajeh; Aminian, Omid; Golkhandan, Ania Rahimi; Saraei, Maryam; Sedaghat, Mojtaba; The Epworth Sleepiness Scale: translation and validation study of the Iranian version. *Sleep and Breathing* 2013; 17 (1), 419-426. doi: 10.1007/s11325-012-0646-x. Epub 2012 Feb 11. PMID: 22327509.
3. Sadeghniaat-Haghighi, K; Montazeri, A; Khajeh-Mehrizi, A; Aminian, O; Rahimi-Golkhandan, A; Sedaghat, M; The Berlin questionnaire: Performance of the Persian version for measuring obstructive sleep apnea in sleep clinic population. *J Sleep Disord Treat Care* 2014; 3 (4), 1-5. doi:10.4172/2325-9639.1000143.
4. Saraei, Maryam; Chavoshi, Farzaneh; Najafi, Arezu; Heidari, Reihaneh; Golkhandan, Ania Rahimi; The Association between STOP-BANG and Mallampati Scores in Commercial Drivers referred for health license. *Journal of Sleep Sciences* 2016; 1 (3), 120-124
5. Alemohammad, Zahra Banafsheh; Khajeh-Mehrizi, Ahmad; Sadeghniaat-Haghighi, Khosro; Rahimi-Golkhandan, Ania; STOP-BANG Score as a Guide for Split-night Polysomnography. *Journal of Sleep Sciences* 2016;1 (4), 151-155
6. Khajeh-Mehrizi, Ahmad; Rahimi-Golkhandan, Ania; Sedaghat, Mojtaba; Obstructive sleep apnea among individuals admitted for myocardial infarction. *Journal of Sleep Sciences* 2016; 1 (1), 23-27
7. Debebe, Demeke G; Sadeghniaat-Haghighi, Khosro; Shakiba, Yadollah; Golkhandan, Ania Rahimi; Izad, Maryam; Th17 cell related cytokine profiles in narcolepsy and other types of excessive daytime sleepiness. *Journal of Sleep Sciences* 2016; 1 (2), 44-50

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8. Sadeghniaat-Haghighi, Khosro; Mohajeri-Tehrani, Mohammad Reza; Khajeh-Mehrizi, Ahmad; Alemohammad, Zahra Banafsheh; Rahimi-Golkhandan, Ania; Hafizi, Sina; Larijani, Bagher; Insulin resistance and leptin levels in patients with obstructive sleep apnea. *Journal of Sleep Sciences* 2017; 2 (1-2), 7-12
9. Geremew, Demeke; Rahimi-Golkhandan, Ania; Sadeghniaat-Haghighi, Khosro; Shakiba, Yadollah; Ansaripour, Bitia; Izad, Maryam; Association study of HLA-DQB1* 0602 allele in Iranian patients with narcolepsy. *Iranian Journal of Allergy, Asthma and Immunology* 2017; 16 (5), 452-456. PMID: 29149785.
10. Sadeghniaat-Haghighi, Khosro; Shakiba, Yadollah; Aminian, Omid; Khajeh-mehrizi, Ahmad; Izad, Maryam; Rahimi-Golkhandan, Ania; Human Leukocyte Antigen-Typing in Patients with Excessive Daytime Sleepiness. *Journal of Sleep Sciences* 2017; 2 (3-4), 55-59
11. Najafi, Arezu; Naeimabadi, Nafiseh; Sadeghniaat-Haghighi, Khosro; Salmani-Nodoushan, Mojahedeh; Rahimi-Golkhandan, Ania; Continuous Positive Airway Pressure Adherence in Patients with Obstructive Sleep Apnea Syndrome. *Journal of Sleep Sciences* 2017; 2 (3-4), 67-70
12. Najafi, A; Sadeghniaat-Haghighi, K; Arshi, S; Jamshidi, S; Rahimi-Golkhandan, A; Using prediction formulas for continuous positive airway pressure in obstructive sleep apnea syndrome. *Journal of Sleep Sciences* 2018; 3 (3-4), 75-79
13. Haghighi, K Sadeghniaat; Aminian, O; Zahabi, A; Najafi, A; Rahimi-Golkhandan, A; Sleep quality in shift workers of offshore petroleum industry. *Journal of Sleep Sciences* 2018; 3 (1-2), 36-40
14. Mosarrezaii, Arash; Ghasemzadeh, Nazafarin; Rahimi-Golkhandan, Ania; Najafi, Arezu; Hashemi, Samineh; FazelKia, Parisa; Sleep quality in patients with multiple sclerosis. *Journal of Sleep Sciences* 2018; 3 (1-2), 17-20
15. Najafi, Arezu; Sadeghniaat-Haghighi, Khosro; Khajeh-Mehrizi, Ahmad; Rahimi-Golkhandan, Ania; Motor Vehicle Accidents in Patients with Excessive Daytime Sleepiness. *Journal of Sleep Sciences* 2018; 3 (1-2), 21-24
16. Sadeghniaat-Haghighi, Khosro; Aminian, Omid; Najafi, Areza; Rahimi-Golkhandan, Ania; Zahabi, Alireza; Sleep Quality in Shift Workers of Offshore Petroleum Industries. *Journal of Sleep Sciences* 2018; 3 (1-2), 36-40
17. Najafi, Arezu; Naeemabadi, Nafiseh; Saraei, Maryam; Sadeghniaat-Haghighi, Khosro; Mahmoodi-Afsah, Masoomeh; Rahimi-Golkhandan, Ania; Is Speech Frequency Thresholds Associated with STOP-BANG Score of Commercial Drivers? *Journal of Sleep Sciences* 2018; 3 (3-4), 63-67
18. Najafi, Arezu; Sadeghniaat-Haghighi, Khosro; Rahimi-Golkhandan, Ania; Workplace Implications of Idiopathic Hypersomnia in the Setting of Occupational Sleep Medicine: A Case Report and Literature Review. *Journal of Sleep Sciences* 2019; 4 (3-4), 86-90

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19. Amirifard, Hamed; Najafi, Arezu; Rahimi-Golkhandan, Ania; Shojaie, Mahsa; An Overnight Rhythmic Sleep-Wake Pattern in Stroke and Obstructive Sleep Apnea: A Case Report and Literature Review. Journal of Sleep Sciences 2020; 5 (1), 35-38
20. "Shift Work Disorder, Insomnia, and Depression among Offshore Oil Rig Workers"
Accepted article in: Iranian Journal of Psychiatry, 25 Dec 2020 (in press)
21. The effects of CPAP therapy on metabolic profile and subjective sleep parameters in patients with OSA: A prospective trial study, Sleep and Breathing Journal: under review
22. COPD assessment test (CAT) and modified medical research council (mMRC) dyspnea scale: promising tools for evaluating subjective sleep quality in patients with chronic obstructive pulmonary disease, The Clinical Respiratory Journal: under review
23. Trends of sleep characteristics amongst patients admitted with COVID-19
24. Sleep characteristics of Iranian people and its effects on daytime functioning: A population-based study

RESEARCH PROJECTS

Collaborator in Bilateral research collaboration between Switzerland and Iran – Investigating the potential cause leading to narcolepsy with cataplexy in Iran (Bilateral research collaboration with South Asia and Iran 2017-2020)

PERSONAL DATA

DATE OF BIRTH:

- **24 April 1987**

PLACE OF BIRTH

- **Gorgan, Iran**

LANGUAGES

- **Persian, English**