

CURRICULUM VITAE

Marjan Mokhtare, M.D.

Associate professor of Gastroenterology and Hepatology, Iran University of Medical Sciences, Tehran

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Education

- 1- M.D., Mazandaran University of Medical Sciences; Fellowship of Gastroenterology and Hepatology, Sep 2011 – Sep 2013
- 2- M.D., Mazandaran University of Medical Sciences; Internal Medicine Specialty, Sep 2001 – Sep 2005
- 3- M.D., Shiraz University of Medical Sciences; Doctorate of Medicine, Sep 1989 – Nov 1996

Scientific Position & Work Experience

Academic Medical Doctor; Associate Professor of Gastroenterology & Hepatology

- Taught Undergraduate and Postgraduate medical students & Gastrointestinal Fellows, Mazandaran University of Medical Sciences, Mazandaran, Iran
- Taught Undergraduate and Postgraduate medical students & Gastrointestinal Fellows, Iran University of Medical Sciences, Tehran, Iran
- Taking History/Physical examination /Diagnosis & Treatment /Upper endoscopy/Colonoscopy
- Liver biopsy and Fibro scan / PH-Metry and esophageal and anorectal Manometry/ Diagnostic and Therapeutic interventions via endoscopy; Endoscopic Magnification Diagnostic Method Interpretation, Band Ligation, Polypectomy, EMR.
- Research Administrator in Colorectal Research Centre(CRRC), Vice Chancellor of Rasoul Akram Hospital Clinical Research Development Centre(RCRDC) : Scholar H-Index=15 & Scopus H Index=10

PUBLICATIONS

1. **MOKHTARE M**, TAGHVAEI T, TIRGARFAKHERI H. ACUTE BLEEDING IN DUODENAL GASTROINTESTINAL STROMAL TUMOR. **MIDDLE EAST J DIG DIS** 2013; 5:47-51
2. **Mokhtare M**, Valizadeh SM , Emadian SO. Lower gastrointestinal bleeding due to Non-steroid Antiinflammatory Drug-induced Colopathy, Case Report and Literature Review. **MEJDD** 2013;5(2); 107-111
3. SARDARIAN H, ... , **MOKHTARE M** COMPARISON OF HYBRID AND SEQUENTIAL THERAPIES FOR HELICOBACTER PYLORI ERADICATION IN IRAN. **HELICOBACTER JOURNAL**, 2012; NOV 4
4. Kashi Z, ... , **Mokhtare M**. Combination of aspiration and non-aspiration fine needle biopsy for cytological diagnosis of thyroid nodules. **Caspian J of Intern Med** 2011; Vol 2 (4):299-303.
5. ZHILA TORABIZADEH, ... , **MARJAN MOKHTARE**. CORRELATION OF CHANGES IN SERUM GASTRIN WITH HELICOBACTER PYLORI ERADICATION. **J OF MAZANDARAN UNIVERSITY OF MEDICAL SCIENCES**: 2014; VOL 23, NO 1.
6. **MARJAN MOKHTARE**, COMPARISON OF QUADRUPLE AND TRIPLE FURAZOLIDONE CONTAINING REGIMENS ON ERADICATION OF HELICOBACTER PYLORI, A RANDOMIZED CLINICAL TRIAL. **MED J OF ISLAMIC REP OF IRAN**, 2015, 29:195
7. Vahid Hosseini1, **Marjan Mokhtare**, A Comparison between Moderate- and High-dose Furazolidone in Triple Regimens for Helicobacter pylori Eradication in Iran. **MEJDD** 2014; 6:
8. **Marjan Mokhtare**, Efficacy of Clarithromycin Containing Bismuth-Based Regimen as a Second-Line Therapy in Helicobacter Pylori Eradication. **MEJDD**; 2015
9. Neda Nozari ,Akram Pourshams , **Marjan Mokhtare** .Review of Current Anti-Obesity Drugs in Obese Adults. **Govaresh** 2015;20:18-26
10. Mohsen Masoodi, **Marjan Mokhtare**, Frequency of Celiac Disease in Patients with Increased Intestinal Gas (Flatulence). **Global Journal of Health Science**; Vol. 8, No. 6; 2016 ,
11. **Marjan Mokhtare**, Fever, Weight Loss and Early Satiety due to Gastric Inflammatory Myofibroblastic Tumour (IMT) Case Report and Literature Review. **MEJDD**, Vol.8, No.2, 2016
12. Neda Nozari , ... , **Marjan Mokhtare**. Gastroenterologist and Bariatric Surgery, **Govaresh** 2015; 20:151-60.
13. **Marjan Mokhtare***, Comparison of Glasgow-Blatchford Score and full Rockall Score Systems to Predict Clinical Outcomes in patients with Upper Gastrointestinal Bleeding .**Clinical and Experimental Gastroenterology**, 2016; Vol 9, P: 337—343

14. Mohsen Masoodi, Haleh Chehrehgosha, [Marjan Mokhtare](#), ... A Comparison between the New and the Conventional Method for Recapping of Needles in a Hospital Setting. **Global J of Health Science; Vol. 9, No. 3; 2017**
15. Ali Reza Sadeghi, Rezvan Pourahmad, [Marjan Mokhtare](#). Enrichment of Probiotic Yogurt with Broccoli Sprout Extract and its Effect on Helicobacter pylori. **Applied Food Biotechnology J, 2017, 4, (1)**
16. Ramak Ghavam, [Marjan Mokhtare*](#), ...Severe Hepatotoxic Injury and Cirrhosis Due to Acitretin: A Case Review. **Govaresh 2016, Vol. 22, No. 1,**
17. Elham Behrangi, ..., [Marjan Mokhtare](#), ...Association between Helicobacter Pylori Infection and Alopecia Areata: A Study in Iranian Population. **MEJDD 2017. 9(2):107-110.**
18. [Marjan Mokhtare*](#), ...The Efficacy and Tolerability of Mebeverine in Irritable Bowel Syndrome: A Systematic Review and Meta-Analysis of Clinical Trials. **Gastroenterology J, 2017, Vol 152, Issue 5, Supplement 1, Pages S719–S720**
19. Nader Tavakoli, [Marjan Mokhtare*](#), ...Comparison of the efficacy of intravenous tranexamic acid with and without topical administration versus placebo in urgent endoscopy rate for acute gastrointestinal bleeding: A double-blind randomized controlled trial. **UEG Journal, 2017**
20. Rahele Alimoradzadeh *, [Marjan Mokhtare](#) , ... Comparing the Prevalence of Constipation Risk Factors in the Elderly With and Without Constipation in Hazrat-e Rasoul Hospital. **Salmand J, 2017, 12(1): 78-89**
21. [Mokhtare M](#),The effects of helicobacter pylori eradication on modification of metabolic syndrome parameters in patients with functional dyspepsia. **Diabetes Metabolic Syn J . 2017 Jul 27. pii: S1871-4021(17)**
22. [Marjan Mokhtare](#), ...The association between the modulating inflammatory cytokines and constipation of geriatrics in Iran. **MEJDD 2017. 9(4):228-234**
23. [Marjan Mokhtare](#),Reliability and Validity of the Persian Version of Patient Assessment of Constipation: Quality of Life (PAC-QOL) Questionnaire. **Gastroenterology and Hepatology from Bed to Bench; Vol 10, No 4 (2017)**
24. Mansour Bahardoust, ..., [Marjan Mokhtare*](#). Comparison of hepatitis C virus risk factors in genotypes 1a and 3a . **Tehran University Medical Journal, Vol 76, (3), 185-190**
25. Mohsen Masoodi, Mohammad Ali Mahdiabadi, [Marjan Mokhtare](#), ...The efficacy of curcuminoids in improvement of ulcerative colitis symptoms and patients' self-reported well-being: A randomized double-blind controlled trial .**Journal of cellular biochemistry, 2018**
26. [Marjan Mokhtare*](#) , ...Efficacy of adding Luvos® Healing Earth supplementation to mebeverine in improving symptoms and quality of life of patients with diarrhea-predominant irritable bowel syndrome: A randomized clinical trial. **Biomedical Research and Therapy; 5 (10), 2776-2783**
27. [Marjan Mokhtare](#), ... The efficacy of adding vitamin B12 to pegylated interferon and ribavirin treatment in Hepatitis C virus patients regarding the host and viral prognostic factors. **Biomedical Research and Therapy, 2019; 6(2), 3016-3026**
28. Arash Sarveazad, ... [Marjan Mokhtare](#), ...Combination of laser and human adipose-derived stem cells in repair of rabbit anal sphincter injury: a new therapeutic approach. **2019 J Stem Cell Research & Therapy, Vol 10, (1); 1-15**
29. [Marjan Mokhtare*](#),The Efficacy of Adding Daflon to the Conventional Treatment on the Improvement of Symptoms and Health Related Quality of Life in Patients with Acute Hemorrhoids: A Randomized Clinical Trial. **2019, J EC Gastroenterology and Digestive System, Vol 6, P: 44-51**
30. Masoumeh Khalighi Sikaroudi, [Marjan Mokhtare](#), ...Vitamin D3 Supplementation in Diarrhea-Predominant Irritable Bowel Syndrome Patients: The Effects on Symptoms Improvement, Serum Corticotropin-Releasing Hormone, and Interleukin-6–A Randomized Clinical Trial. **Complementary Medicine Research J, 2020, P: 1-8.**
31. Mehri Naghdalipour, ... [Marjan Mokhtare](#), ...Alteration of miR-21, miR-433 and miR-590 tissue expression related to the TGF-β signaling pathway in ulcerative colitis patients. **Archives of Physiology and Biochemistry, 2020, Pages 1-5**
32. Masoumeh Khalighi Sikaroudi, [Marjan Mokhtare](#), ...Effects of vitamin D3 supplementation on clinical symptoms, quality of life, serum serotonin (5-hydroxytryptamine), 5-hydroxy-indole acetic acid, and ratio of 5-HIAA/5-HT in patients with diarrheapredominant irritable bowel syndrome. **EXCLI Journal, 2020, V 19, P: 652-667**
33. [Marjan Mokhtare](#), ...How adding the abdominal massage to polyethylene glycol can improve symptom and quality of life in patients with functional constipation in comparison with each one of the treatment modalities alone: A randomized clinical trial. **Complementary Therapies in Medicine, 2020, Vol 52.**
34. [Marjan Mokhtare](#), ... A comparative study of the effect of 10-day esomeprazole containing levofloxacin versus clarithromycin sequential regimens on the treatment of Iranian patients with Helicobacter pylori infection. **Indian J of Pharmacology. 2020; 52(4): 266–271.**
35. Farnaz Kaviani Pour, Naheed Aryaeian, [Marjan Mokhtare](#), The effect of saffron supplementation on some inflammatory and oxidative markers, leptin, adiponectin, and body composition in patients with nonalcoholic fatty liver disease: A double-blind randomized clinical trial. **Phytotherapy Research Journal, 2020, Vol 34 (12), P: 3367-3378**
36. Mnasour Bahardoust, [Marjan Mokhtare](#), A randomized controlled trial of pegylated interferon-alpha with tenofovir disoproxil fumarate for hepatitis B e antigen-negative chronic hepatitis B: A 48-week follow-up study. **J of Infection and Chemotherapy, 2020.**
37. [Marjan Mokhtare](#), The effect of adding duloxetine to lansoprazole on symptom and quality of life improvement in patients with gastroesophageal reflux diseases: A randomized double-blind clinical trial. **J of Research in Medical Sciences: 2021, Vol: 26, 1-7**
38. Razieh Salehian, [Marjan Mokhtare](#), Investigation the effectiveness of duloxetine in quality of life and symptoms of patients with irritable bowel syndrome. **J of Advanced Biomed Research, 2021, Vol: 10: 14,**

39. Arash Sarveazad, Abazar Yari, Arash Babaei-Ghazani, [Marjan Mokhtare](#), et al. Combined application of chondroitinase ABC and photobiomodulation with low-intensity laser on the anal sphincter repair in rabbit. **BMC gastroenterology J, 2021, Vol 21, (1):1-13.**
40. Masoumeh Khalighi Sikaroudi, Abbas Kazemi Aghdam, Zohreh Ebrahimi, Tayeb Ramim, Atefeh Talebi, Seidamir Pasha Tabaeian, [Marjan Mokhtare](#)*. Reliability and Validity of the 14-item Mediterranean Diet Adherence Screener among the Healthy Iranian Population. **Govaresh Journal 2022. Vol 27(1): 39-44.**
41. Farnaz Farsi, Negin Tahvilian, Azadeh Heydarian, Sara Karimi, Sara Ebrahimi, Nasser Ebrahimi-Daryani, Sanam Tabataba-Vakili, Javad Heshmati, [Marjan Mokhtare](#)*. Evaluating macro-and micronutrients and food groups' intake with the risk of developing inflammatory bowel disease: Is there any association? **Food Science & Nutrition Journal 2022, 1-11.**
42. Mohammadali Shokri, Tina Moghadam Fard, Tayeb Ramim, Alireza Hejrati, Lina Hejrati, [Marjan Mokhtare](#)*. What is the role of Proton pump inhibitors consumption on the clinical presentation and severity of COVID-19 infection? **Annales Pharmaceutiques Francaises Journal 2022,**
43. F Ghafari, AM Alizadeh, S Agah, S Irani, [M Mokhtare](#). Insulin-like growth factor 1 serum levels in different stages of gastric cancer and their association with Helicobacter pylori status. **Peptides, 2022, Vol 158.**
44. Farnaz Farsi, Sanaz Rezaei Zonooz, ..., [Marjan Mokhtare](#), Amirhossein Faghihi, Mohsen Masoodi The Incidence of Post-infectious Irritable Bowel Syndrome, Anxiety, and Depression in Iranian Patients with Coronavirus Disease 2019 Pandemic: A Cross-Sectional Study. **The Turkish Journal of Gastroenterology, 2022; 33 (12), 1033.**
45. MR Mirzaei-Dizgah, I Mirzaei-Dizgah, [M Mokhtare](#). Alteration of Serum Acetylcholinesterase Activity in Patients with Gastroesophageal Reflux. **Annals of Military and Health Sciences Research 2022, 20 (2)**
46. F Ghafari, S Agah, S Irani, [M Mokhtare](#), AM Alizadeh. Relationship between demographic and pathological characteristics on the 5-year survival rate of gastric cancer patients in Tehran province. **Tehran University Medical Journal 2022, 80 (8), 670-678**
47. AF Kashani, F Forghani, [M Mokhtare](#), M Masoudi, N Salimi, A Kabir. Comparing Intragastric Balloon Placement with Low Calorie Diet in Short-Term Weight Loss. **SN Comprehensive Clinical Medicine J, 2022, 4 (1), 224**
48. Mehri Naghdalipour, Nariman Moradi, ..., [Marjan Mokhtare](#), Toktam Kazemi Fard, Soudabeh Fallah, Aboulreza Esteghamati. Alteration of miR-21, miR-433 and miR-590 tissue expression related to the TGF- β signaling pathway in ulcerative colitis patients. **Archives of physiology and biochemistry J, 2022, 128 (5), 1170-1174**

CURRICULUM VITAE

Editorial and Reviewing Activity

WORKSHOPS

Research methodology workshop (primary)/Research methodology workshop (Advanced)/Traditional and complementary medicine workshops (3 workshops)/Traditional and complementary medicine conference/Research methodology workshops (primary and advanced SPSS)/Research methodology workshop (evidence based medicine)/Research methodology workshop (RCT and interventional study)/Research methodology workshop (descriptive and analytic study)/Power-point slide workshop/Advanced editors workshop (Elsevier literature-tums)/Knowledge, Translation, Exchange and Commercialization workshop/Endoscopic mucosal resection(EMR) and colonoscopy workshop/Manometry and PH-metry workshop (Neurogastroenterology, ESGE)/Advanced Therapeutic Endoscopy postgraduate course and workshop (WEO)/How do you

conduct problem based learning? Workshop, (IUMS)/GI Motility made easy Workshop,(WGO,TSG)/Multivariate Survival Analysis Workshop, (IUMS)/Training Workshop on Citation management by Using Mendeley, (IUMS)

MEMBERSHIPS

Medical Council Association of Islamic Republic of Iran/Iranian Association of Gastroenterology/Alternative and complementary medicine research center, and Inflammatory Disease of Upper Gastrointestinal Tract Research centre,Mazandaran University of Medical Sciences /AGA membership/EASL membership/ESGE membership/ROME Foundation as a member /WEO membership.

HONOURS & REWARDS

1st Rank in the Nationwide Board Exam for Sub-Specialty of Gastroenterology & Hepatology. (2013)

HONOURS for receiving a LETTER OF APPRECIATION AND PRIZE from the minister of Health & Medical Education of Iran for the 1st rank.

FIELDS OF INTEREST

Neuro-gastroenterology and Motility disorder of GI tract & IBS / H. Pylori & Disorders of Gut-Brain Interaction (Functional)Disorders /GERD/GI Bleeding/ IBD/Gut microbiota/ Psycho-gastroenterology/Clinical nutrition & Dietary/ Liver Disease(HCV, HBV, NASH & Cirrhosis)